

# EXPLORE MAINE

2014 SPECIAL EDITION



RAFTING THE PENOBSCOT'S WEST BRANCH,  
BY NRCM/MISSINGLYNX

## Explore Maine's Great Outdoors

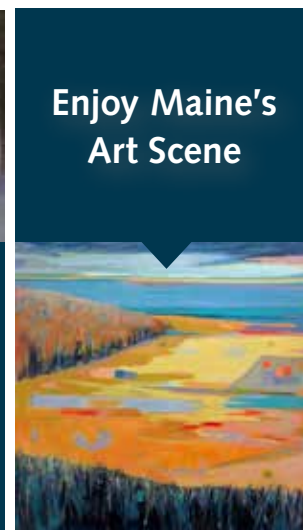
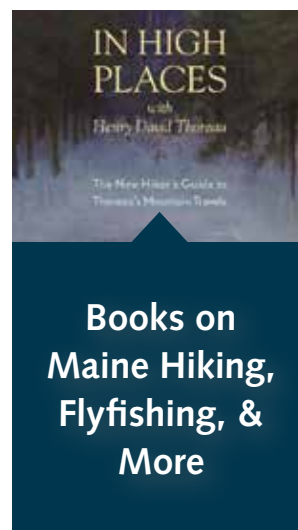
Books and Art by NRCM Members to Inspire and Guide You

In Maine, we are surrounded by natural beauty. Between the stunning coastline and the wildest rivers in the northern part of the state, Maine people and visitors are challenged to decide where and how to spend our precious summer days. We have some ideas for you. Actually, they are ideas from other NRCM members.

In this special insert to the *Maine Environment*, you will find new resources to help you explore and enjoy Maine this summer. Books by NRCM members that will help you plan your hikes, fishing trips, and birdwalks. Art shows where NRCM members invite you into the world they see. And biographies, novels, and children's books where you can immerse yourself in the experiences of other Maine people.

If you are an author or an artist, please send us information to share with other NRCM members. We'll make it available on our website. Send your information to [nrcm@nrcm.org](mailto:nrcm@nrcm.org).

### WHAT'S INSIDE:



### There's an App for that Map!

If you haven't already, we also invite you to visit our interactive **Explore Maine** map featuring more than 100 special places located throughout all 16 Maine counties that have been protected by communities, land trusts, and other groups thanks to the Land for Maine's Future program. Find places to swim, bike, hike, view wildlife, and much more—sort by activity, county, or specific location. Load our free NRCM My Maine app onto your smartphone and you'll have the map with you, no matter where you go. Go to iTunes or the Google Play Store for the app, or visit [www.nrcm.org](http://www.nrcm.org) for more information.



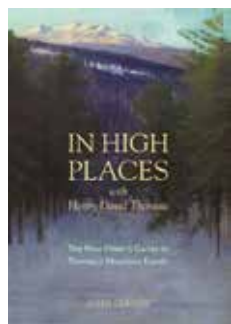
Clary Lake is a popular destination for boaters and anglers. With funds from the LMF program and the U.S. Fish and Wildlife Service's Sport Fish Restoration Program, the Maine Department of Inland Fisheries & Wildlife (IF&W) secured funds to acquire a site that provides permanent and safe access for motor boats and hand-carry craft, as well as bank fishing and swimming. **You can:** fish, watch wildlife, canoe, and kayak. [View More](#)

Clary Lake, Jefferson, ME, United States ([Directions](#))

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# Explore Maine's Great Outdoors with New Books by NRCM Members

The beauty and mystery of Maine's natural landscapes have inspired writers for well over a century. Henry David Thoreau, E.B. White, and Edna St. Vincent Millay are among the luminaries who have put pen to paper in an attempt to capture in words the essence of Maine. Countless others have likewise used their skills to write about Maine, and many NRCM members are among them. After all, passion for Maine's environment is core to NRCM membership. Over the last year alone, our members have produced a number of books that lead people out into the wilds of Maine. We think you'll enjoy them. —Allison Wells

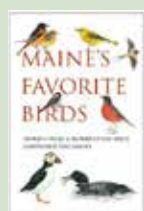


Anyone who enjoys hiking in Maine will be thrilled to know that John Gibson has a new book out. *In High Places with Henry David Thoreau: A Hiker's Guide with Routes & Maps* (Countryman Press, June 2013) guides you over routes in Maine and elsewhere in New England that Thoreau explored. Along with detailed maps and directions, John provides insights into Thoreau's mountain explorations, including stories of what the trails were like during Thoreau's time. *In High Places* will help you appreciate why Thoreau was so drawn to Maine's magnificent peaks. You will be, too. Great for fans of history and literature and outdoor enthusiasts alike.

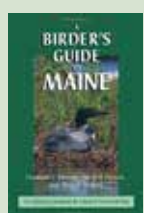
## More from Our Members...



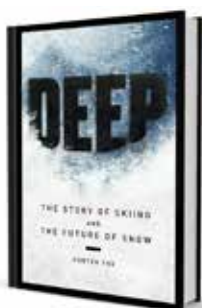
**Cloe Chunn** *50 Hikes in the Maine Mountains* (Countryman Press, February 2002) Cloe's book leads hikers up Maine's highest and most scenic peaks—Katahdin, Kineo, Traveler—to waterfalls, remote ponds, lookout towers, swimming holes, and stunning vistas. She puts a special emphasis on family hiking and how to choose the best trail for kids.



**Jeff Wells and Allison Childs Wells** *Maine's Favorite Birds* (Tilbury House, May 2012) Focused on Maine's most common birds, this book is beautifully illustrated and includes ID tips, habitat preferences, song descriptions, hot spot highlights, and ways to put your observations to use for science and conservation.

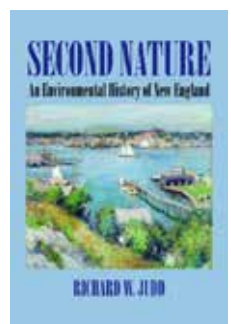


**Jan and Elizabeth Pierson, Peter Vickery** *A Birder's Guide to Maine* (Down East Books, 1996) This is a comprehensive guide to the best birding places in Maine, including during fall migration when huge numbers of hawks and falcons migrate to Maine's mountain regions.



Sometimes "exploring" means discovering the interaction between people and the environment. For Porter Fox, it's about snow. His new book, *DEEP: The Story of Skiing and the Future of Snow* (Rink House Productions, November 2013), describes how skiers and snowboarders rely heavily on long-range forecasts, obsessing over radar so they can plan trips to legendary snowy spots. *DEEP* details the origins of skiing, the sport's development, and the threat climate change poses to snowy winters. Porter

interviewed skiers, mountaineers, and climate scientists to describe a problem that's far larger and more serious than the decline of a sport. It acknowledges problems and confronts realities, but also discusses solutions.



In *Second Nature: An Environmental History of New England* (University of Massachusetts Press, May 2014), Richard Judd explores the ecological process and human activity that shaped New England over the past 12,000 years, including how changes in farm production and industrial processes transformed the landscape and led to increased fishing and logging. He talks about the role of Maine's North Woods in rediscovering severed ties to nature following industrialization and urbanization.

Widespread appreciation for "second-nature landscapes" inspired many to battle pollution and work to protect wild lands, farms, villages, and woodlands.

## Why Go to the "Amazon" When You Can Visit the Gulf of Maine?

Gulf of Maine Books is one of several outstanding independent bookstores in Maine. Owned by poet Gary Lawless and Beth Leonard, the store has been a fixture in Brunswick for 30 years. You'll find many of these books on its shelves, which are packed with some of the best guidebooks, novels, essays, and poetry collections of the past century. And what it doesn't have, Gulf of Maine Books will order for you. Visit [www.gulfofmainebooks.com](http://www.gulfofmainebooks.com) or find an independent bookseller close to you by visiting [www.newpages.com/bookstores](http://www.newpages.com/bookstores).

## More from Our Members...



**Dean Bennett** *Nature and Renewal* (Tilbury House, October 2009) Dean shares the story of a magnificent wilderness in a relatively unknown valley, amid the White Mountains of Maine and New Hampshire. This is one of many books Dean has written about Maine's wild areas.



**Robert Kimber, et al.** *A Place on Water* (Tilbury House, March 2004) Bob is one of three authors who open their friendship up to us by sharing, with humor and affection, what draws them all to the same small Maine pond. The book typifies Bob's great love for Maine woods, ponds, and way of life that have inspired his other books.



**Linda Tatelbaum** *Woman Who Speaks Tree: Confessions of a Tree Hugger* (About Time Press, October 2008) With humor, love, and fury, Linda advocates for the planet and those who defend it by tracing the way trees guided her and her husband to Maine in 1977 to build a solar homestead and grow their own food.



If it's the beach you're off to explore, it's tradition to bring along a good read. New books by NRCM members may provide the fiction fix you're looking for. Paul Doiron is the creator of the Mike Bowditch series. His latest Bowditch book is *The Bone Orchard* (Minotaur Books, July 2014), which has Mike leaving the Maine Warden Service to work as a fishing guide in the North Woods. But when his mentor is forced to kill a troubled war veteran in an apparent case of "suicide by cop," he second guesses his decision. Brian Willson's *Lydia* (Three Islands Press, March 2013) is a haunting novel about Lydia Starbird, whose letters to a cruel husband are found in the barn of an old Maine farmhouse and will have you wondering, is Lydia a ghost? A time traveler? Read for yourself.

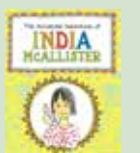


Expecting a visit from the grandkids? Jamie Hogan's *The Firefly Ball* (CreateSpace Independent Publishing Platform, November 2013) is a story of a magical summer night that starts with an invitation from the fireflies.

## More from Our Members...

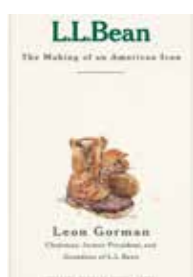


**Davlov Ipcar's** *Maine Alphabet* (Islandport Press, Board Book edition, October 2012) Davlov's love of Maine wildlife and coastal places are in full evidence here. The book is described as "a kind of love letter to her home state where she has lived and worked for almost 75 years."



**Charlotte Agell's** *The Accidental Adventures of India McAllister* (Henry Holt and Co., June 2010) Fourth grader India McAllister lives in Maine, where, as the only Chinese girl in her small town, she searches for her identity.

Some books are timeless because of the subject matter or who wrote them. Martha Freeman's *Always, Rachel* (Beacon Press, February 1994) is a collection of letters by Dorothy Freeman and Rachel Carson, the author of the landmark book *Silent Spring*. The letters, compiled by Dorothy's granddaughter, provide an intimate look at the woman who sparked the 1960s environmental movement. Leon Gorman is the grandson of L.L.Bean. His book, *L.L. Bean:*



*the Making of an American Icon* (Harvard Business Review Press, October 2006) is the first authoritative, true-life telling of the iconic Maine retailer. Leon gives an insider's view—sometimes humorous, always captivating—of the struggles to balance necessary change while maintaining the brand's identity. The same writer who wrote the children's classics *Charlotte's Web* and *Stuart Little* also published some wonderful Maine essays. E.B. White's *One Man's Meat* (Tilbury House, June 2003, 13<sup>th</sup> edition) consists of witty tales of daily life at White's Maine saltwater farm. Pick it up and you won't be able to put it back down.

(continued on page 4)

# Explore Maine through Art

One of the best things about Maine is our vibrant art scene. From the masters of American art to young artists with a fresh eye, Maine attracts and nurtures an extraordinary pool of talent. And many artists are drawn to NRCM's mission because they feel so strongly about the beauty and health of this state. Those of us who live in or visit Maine don't have to look far for a top-notch museum, a well-curated gallery, or a fun art walk. I've highlighted some of the great shows and galleries that feature artists who are members of NRCM, but I ran out of space long before I ran out of wonderful artists to present.

Fortunately, Maine Art Scene ([www.maineartscene.com](http://www.maineartscene.com)) is a great online resource for art and cultural events. Another terrific resource is the Maine Gallery and Studio Guide ([www.mainegalleryguide.com](http://www.mainegalleryguide.com)), which links you to galleries and museums by region. The Maine Indian Basketmakers Alliance (MIBA) represents Maliseet, Micmac, Passamaquoddy, and Penobscot basketmakers; check out MIBA's website ([www.maineindianbaskets.org](http://www.maineindianbaskets.org)) for a list of galleries that sell baskets by contemporary Native American artists. And here is a resource that is owned by all of us: the Maine Arts Commission. Go to [www.mainearts.maine.gov](http://www.mainearts.maine.gov) to find information about free art walks in communities throughout Maine. Monthly art walks are a great way to connect with and support Maine artists. —Gretta Wark

**Alex Katz: Assembly II** features an American master with long ties to Maine and NRCM. This exhibition looks outside his iconic portraits to assembled works that show his "preoccupation with the sociability of forms." Mr. Katz's work is on display through June 29 at the Colby College Museum of Art in Waterville. For more information, visit [www.colby.edu/museum](http://www.colby.edu/museum).



The 260 artists featured in this next show are too young to be NRCM members, but I can't stop thinking about **Stories of the Land and Its People** at the Farnsworth Art Museum in Rockland. The exhibition runs through August 31<sup>st</sup>. It is the

result of a yearlong collaboration between the museum and public schools in Appleton, Hope, Islesboro, Lincolnville, and Rockland. Elementary and middle school students toured the museum and studied art with the Farnsworth staff. The pieces on display—many of which focus on the natural world—resulted from this collaboration. A video filmed by local high school students and shown as part of the exhibition documents the project. For more information, visit [www.farnsworthmuseum.org](http://www.farnsworthmuseum.org).

**Richard Estes' Realism** is on display through September 7 at the Portland Museum of Art. A joint project of PMA and the Smithsonian American Art Museum, this exhibition encompasses five decades of Mr. Estes' work. He summers in Maine and has been a member of NRCM for many years. Visit PMA at [www.portlandmuseum.org](http://www.portlandmuseum.org) to learn more about the Estes show, upcoming exhibitions, and its permanent collection.



RICHARD ESTES | UNITED STATES, 1932  
MT. KATAHDIN, MAINE, 2001  
OIL ON CANVAS | 22 X 36 INCHES  
COLBY COLLEGE MUSEUM OF ART, THE LUNDER COLLECTION, 2012.329. © RICHARD ESTES, COURTESY MARLBOROUGH GALLERY, NEW YORK

*"I had the privilege of seeing the Richard Estes show on its opening night at the Portland Museum of Art, and I recommend it to everyone who lives nearby or visits this summer. Richard is the foremost practitioner of American photorealism. His street images are amazing as are his beautiful paintings around Mount Desert Island and, more recently, Antarctica. One of the fun things I learned from the lecture is that he 'signs' his work by tucking his name into unusual places, like on a license plate or a restaurant sign. So then you find yourself hunting for his name in all his paintings and feeling quite delighted when you find it." —NRCM Executive Director Lisa Pohlmann*

## Joseph Fiore's **The Rock Series: Geological Works from 1978 to 2001**

will be on display at the Firehouse Center for the Falcon Foundation, 5 Bristol Road, Damariscotta, from June 28 through September 27. Mr. Fiore was a well-known avant-garde artist who drew much of his inspiration from nature. He and his wife, Mary, divided their time between New York City and Jefferson, Maine, until shortly before Mr. Fiore's death in 2008. Mrs. Fiore returns to their farmhouse in Maine whenever possible.



JOSEPH FIORE/UNITED STATES, 1925-2008  
BEFORE THE EQUINOX, ROCK SERIES, 1987  
OIL ON LINEN/37 X 47 INCHES

The Rock Series was donated to Maine Farmland Trust by the Fiore family's Falcon Foundation. Following the show, the paintings will be redistributed to NRCM and other organizations that appreciate the geology and natural environment of Maine. NRCM will receive two paintings, "After the Equinox" and "Wall." The Fiores were members of NRCM—as well as supporters of Maine Farmland Trust—for many years. Maine Farmland Trust works statewide to protect farmland, support farmers, and advance the future of farming.



JENIFER MUMFORD/UNITED STATES  
BY THE RIVER, 2013  
ACRYLIC ON CANVAS/24 X 24 INCHES  
CALDBECK GALLERY, ROCKLAND

This spring, nature photographer Gerard Monteux opened the Monteux Gallery in Ellsworth ([www.monteuxgallery.com](http://www.monteuxgallery.com)). He is the latest in a long list of NRCM members who have combined a love of nature with a passion for the arts. Cynthia Hyde and Jim Kinnealey paved the way with their Rockland gallery, the Caldbeck Gallery, established in 1982 ([www.caldbeck.com](http://www.caldbeck.com)). They represent numerous painters, printmakers, and sculptors whose works, I think, both capture and challenge our sense of Maine's beauty.

Far from Route One, but well worth the visit, there are North Light Gallery and Moose Prints Gallery in Millinocket. North Light ([www.artnorthlight.com](http://www.artnorthlight.com)) was founded 10 years ago by Marsha Donahue, herself a talented painter. North Light represents artists who work in the interior and the Katahdin region, in particular. Wildlife photographer Mark Picard and his partner Anita Mueller display his work at Moose Prints Gallery ([www.markpicard.com](http://www.markpicard.com)).



HASKELL ROCK FALLS - MARK PICARD

Finally, come visit us in Augusta to see a small exhibition by wildlife photographer and NRCM member Linwood Riggs.

Visit [www.nrcm.org](http://www.nrcm.org) for more information about these shows.

# Enjoy a Maine Tradition: Visit a Maine Sporting Camp

Every year, I pack the car with groceries, northern Maine guide books, fishing poles, life jackets, bikes...oh, and kids! Then our family of four heads a few hours north to our favorite place on earth to be together—the rustic cabins found at the Last Resort in Jackman, Maine. There is so much to love about being there, but here are a few highlights: sightings of majestic moose, nesting eagles, and buzzing hummingbirds; feasting on fresh brook trout, hiking to a local summit, the warmth of a lakeside campfire, the beauty of early morning fog lifting over the water, the calming absence of electronics, the presence of my favorite people playing games on the porch, running in and out of the cold lake, and paddling to our next adventure.

Our family tradition started just five years ago, but visiting sporting camps is a Maine tradition that often goes back for generations. We Mainers and visitors alike enjoy the fishing, paddling, swimming, and peace and quiet they provide. Many Maine sporting camps are offering discounts to NRCM members for their 2014 season. Take advantage of this great opportunity to support a local Maine business while exploring Maine's North Woods and Down East Maine. If you are not yet a member of NRCM, join today so you and your family can find out firsthand why sporting camps are a Maine tradition. Contact us at (207) 430-0106 to get your sporting camp voucher. —Stacie Haines



## Eagle Lake Sporting Camps

**Location:** Eagle Lake, Aroostook County

**Phone:** (207) 444-5108

**Email:** [info@eaglelakesportingcamps.com](mailto:info@eaglelakesportingcamps.com)

The Eagle Lake Sporting Camps are located at the outlet of the Square Lake thoroughfare in the midst of a 23,000-acre

wilderness reserve. Enjoy magnificent forest and lake views and the thrill of nature at your door. Established in 1879, this remote destination has it all: eagles, loons, moose, trout, and salmon—plus great food, cocktails, and a wine list. The historic dining room seats 30. A generator and propane supply heat and lights. Stay connected with high speed Internet and VOIP. A staff of Registered Maine Guides as well as vehicles and boats are available for your adventure. **Discount: 10% upon booking of consecutive two-night minimum during the 2014 season.**



## The Last Resort Cabins and Campground

**Location:** Jackman, Somerset County

**Contact:** Tim & Ellen Casey

**Phone:** (207) 668-5091

**Email:** [caseys@lastresortmaine.com](mailto:caseys@lastresortmaine.com)

The Last Resort provides eight rustically

furnished, secluded lakeside log cabins in the Maine mountains of Jackman. Enjoy fishing, canoeing, wildlife viewing and photography, tenting, stargazing, mountain biking, and hiking. They provide centrally located hot showers. Come and experience an outdoor enthusiast's paradise that's remote yet accessible. **Discount: 10% upon booking of consecutive two-night minimum during the 2014 season.**



## Red River Camps

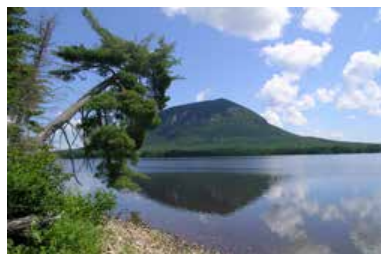
**Location:** Portage, Aroostook County

**Phone:** (207) 554-0420

**Email:** [jen@redrivercamps.com](mailto:jen@redrivercamps.com)

The Red River Camps are situated on Island Pond in the Deboullie Township, right in the heart of Maine's North Woods. The

camp offer three housekeeping cabins (including one on a private island) and six "American plan" cabins. Their housekeeping cabins are equipped with private kitchens, while their American plan guests take their meals in the main lodge. All of the cabins include private baths. Activities include some of the best fishing Maine's North Woods has to offer, as well as canoeing, hunting, kayaking, hiking, and birding. **Discount: 10% booking of consecutive two-night minimum during the 2014 season.**



## Spencer Pond Camps

**Location:** Greenville, Piscataquis County

**Phone:** (207) 745-1599

**Email:** [spc@spencerpond.com](mailto:spc@spencerpond.com)

Six remote lakeside log cabins welcome camp visitors with spectacular views of Little Spencer Mountain. Fully furnished

housekeeping cabins focus on a non-modernized return to rustic simplicity, the way life used to be with a personalized family-friendly atmosphere. Spencer Pond is classified by the state as a highly valued, protected body of water due to its scenic mountain views, wildlife, remoteness, and undeveloped shoreline. Located in East Middlesex Township, bordered by Maine public lands, private conservation lands, and an ecological reserve, camp guests can easily explore the North Woods, Moosehead region, Baxter State Park, and the Appalachian Trail. **Discount: 20% upon booking of consecutive two-night minimum during 2014 season, not to be combined with any other discounts offered by Spencer Pond Camps.**



## Weatherby's

**Location:** Grand Lake Stream, Washington County

**Phone:** Winter (207) 926-5598, Summer (207) 796-5558

**Email:** [info@weatherbys.com](mailto:info@weatherbys.com)

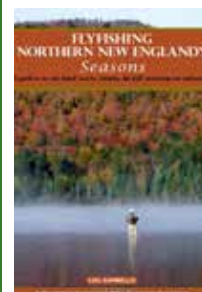
As one of the oldest and most famous

sporting lodges in the country, Weatherby's origins stem from the nineteenth century and have become a way of life for many sportsmen looking for a quality fishing and hunting experience. They provide comfort and hospitality and are committed to providing fine home cooking, exceptional service, and quality accommodations that will make your vacation not just a trip, but an experience, one that you will want to pass along to your children and grandchildren. **Discount: 20% in May, July, August, and September 2014. May not be combined with other specials, and lowest rate will apply; 10% discount in June and October 2014.**

## Books - Continued from page 2



Patagonia founder Yvon Chouinard is among the authors of the just-published ***Simple Fly Fishing: Techniques for Tenkara and Rod and Reel*** (Patagonia Books, April 2014). As Yvon points out, modern flyfishing has become more complex, making it easy to become confused by the latest high-tech gear and the wide array of flies and tackle. In his new book, he and his coauthors teach readers how to discover where the fish are and at what depth as well as what they're feeding on. There are chapters on wet flies, nymphs, and dry flies. The authors include both the tenkara rod and regular fly fishing gear to cover all bases. Never tried flyfishing? *Simple Fly Fishing* reveals everything you need—and need to do—to succeed and fully enjoy this popular Maine recreation.



Complementing Yvon's book is ***Flyfishing Northern New England's Seasons (Wilderness Adventures Press, Inc., January 2014)*** by Lou Zambello.

According to Lou, a lot has been written about the most famous American flyfisheries, but not so for the superb brook trout and landlocked salmon waters of northern New England. Lou's new book covers Maine as well as New Hampshire, Vermont, and western Massachusetts.

A flyfishing guide, Lou covers all seasons, shares stories, instructions, and anecdotes from the Kennebec, Penobscot, Rapid, Presumpscot, Androscoggin, and Deerfield rivers; Grand Lake Stream; Rangeley, Moosehead, and Sebago lakes, and many other special Maine waterways.

## More from Our Members...



Macauley Lord, ***L.L. Bean Fly-Casting Handbook*** (Lyons Press, March 2007) An update from the 2000 edition,

Macauley's handbook was written for fly-casters at all levels, with sections that include the eleven habits of highly effective casters, the essential roll cast, double hauling, and other special techniques. The book is based on the methods time-tested in the L.L. Bean Fly Fishing Schools.



**Natural Resources Council of Maine**

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**Editor / Allison Childs Wells, Senior Director of Public Affairs**

**Contributors / Stacie Haines (Membership Manager),**

**Gretta Wark (Senior Director of Development), Allison Wells**

Memberships start at \$35 annually and include many great benefits, including sporting camp discounts, *Maine Environment* newsletter, our Nature of Maine wall calendar featuring beautiful Maine photos, and much more. Join online at [www.nrcm.org](http://www.nrcm.org) or by calling (800) 287-2345.