

SCARBOROUGH BEACH

Location: Scarborough, Cumberland County

Description of Hike: From the parking lot, the trail passes by Massacre Pond to the beach. Bring a picnic lunch to enjoy on the beach after walking along the shore.

Directions: From Route 1 in Scarborough, take Route 207 south 3.5 miles. The park is on the left, about 1 mile after the Route 77 intersection.

Total Distance: 0.5 miles

Hiking Time: 1 hour

Additional Maps (USGS; Land Trusts)
DeLorme Maine Atlas and Gazetteer Map 3, B-4.

Local Attractions:

- *Scarborough Salt Marsh* – Rent a canoe and discover the waters of Scarborough Marsh. The 3,000 acre expanse of marine land is managed by the state to protect the delicate salt marsh ecosystem. The information center located on Route nine is staffed by the Maine Audubon society and provides information on the marsh, shorebirds and other wildlife.

Sources:

- Land For Maine's Future. Maine State Planning Office.
http://media.informe.org/lmf/projects/project_detail.php?project=1568
- Scarborough Beach State Park,
<http://www.scarboroughbeachstatepark.com/>
- Collins, Jan and Joseph E. McCarthy, *Nature Walks in Southern Maine*. Boston; Appalachian Mountain Club Books, 1996.

LMF Background: Located just outside of Portland, Scarborough Beach's white sands attract 60,000 visitors annually who come to swim, surf, fish and walk along the coast throughout the summer. With the support of LMF and the Trust for Public Land, the Bureau of Parks and Lands bought the beach to help protect this fragile spring-fed wetlands and dune ecosystems. Massacre Pond, surrounded by pine, oak and woody shrubs, is a popular skating area for local residents.



Photo by Land for Maine's Future and partners