

MT. KINEO

Indian Trail

Location: Moosehead Lake near Rockwood, Piscataquis County

Description of Hike:

After hugging the lakeshore along a path of alder and birches under the cliffs of Kineo, the Indian Trail veers straight uphill through a grove of red pines to the top of the cliffs where there are spectacular views of the lakes below in every direction. Walk along open cliffs for a mile before dropping back into the woods for the descent via the Bridle Trail.

Directions: Trails are accessible only by water. From ME 6/ME 15 in Rockwood, turn off the only road that heads north to Rockwood Village. Park at the public boat launch located just past the post office. A boat shuttle goes to Mt. Kineo from Rockwood.

Alternatively, rent a canoe in Rockwood Village and paddle northeast to Mt. Kineo. From the Kineo dock, turn south and follow the old gravel Carriage Road. Bear right at the Parks & Lands bulletin board at the lakeshore cove. Follow the foot trail along the shore to access the summit trail.

Total Distance: 4 miles

Hiking Time: 2.5 hours

Additional Maps USGS 7.5' Brassua Lake East; USGS 15' Moosehead Lake; USGS 15' Brassua Lake; DeLorme map 41; DeLorme Maine Atlas and Gazetteer Map 40 A-5; Map 41 A-1

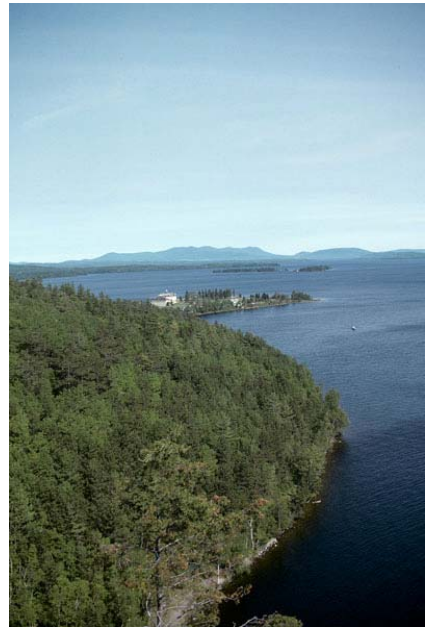
Local Attractions:

- *Kayak or Canoe* – Paddle Moosehead Lake, Maine's largest lake. For the most scenic views, launch your boat from Spencer Bay.
- *Camping* – Campsites are located at hardscrabble Point, a mile north of the fire warden's cabin along the shore path on Mt. Kineo.

Sources:

- Chunn, Cloe. 50 Hikes in the Maine Mountains. Second Edition. Woodstock, Vermont: Backcountry, Publications, 1997.
- Land for Maine's Future. Maine State Planning Office.
http://media.informe.org/lmf/projects/project_detail.php?project=1555

Photo by Land for Maine's Future



LMF Background: Home to peregrine falcons, several rare plants and unique geological formations, the 700 foot cliffs of Mt. Kineo have been attracting visitors since the Native Americans began travelling here centuries ago to collect stones for tool-making. LMF funded the purchase of Mt. Kineo in 1990 with the help of The Nature Conservancy and Department of Conservation. As part of the Moosehead Lake Reserve, the Bureau of Parks and Lands now manages campsites, four hiking trails and 3.5 miles of Lake Frontage for public use.